

# NOTICE OF CHAPERONE POLICY

#### UNIVERSITY OF CALIFORNIA RIVERSIDE

# THIS NOTICE DESCRIBES UCR STUDENT HEALTH APPROACH TO SENSITIVE EXAMS AND YOUR RIGHT TO A CHAPERONE DURING AN EXAM OR PROCEDURE

## **WE LISTEN - WE CARE**

During your visit, you should always feel comfortable and safe, listened to, and heard, valued, and respected. If you experience anything less from UCR Student Health, we want to hear from you. Please contact the Office of Patient Experience at (951) 827-3031. If you've been harassed or assaulted, you can contact UCR Title IX Office for help at (951) 827-7070, or Title X reporting.

### **WE'RE HERE FOR YOU**

At UCR Student Health, we know that some medical exams and procedures are more sensitive than others. We want you always to be comfortable. A sensitive exam is a physical exam of a person's genitals or rectum; or any physical exam of the breasts of a person whose gender, gender identity, or gender expression is female.

We have trained chaperones to help make sure sensitive exams and procedures are done in a safe, comfortable, and professional way. If you ever feel uneasy or need more information about what will happen during your exam, please ask us. We are here to help.

#### WHEN SHOULD I EXPECT A UCR STUDENT HEALTH CHAPERONE?

A chaperone should be offered to you at the time of a visit or procedure where a sensitive exam is expected. You can accept or decline the chaperone. You can also request a chaperone for an exam or procedure that is <u>not</u> sensitive in nature.

#### **HOW CAN I LEARN MORE?**

You can learn more by reviewing the UCR Student Health brochure, "What to Expect During a Routine Sensitive Exam-Frequently Asked Questions." The brochure is published online at <a href="Sensitive Exam Guides">Sensitive Exam Guides</a> or you can ask your provider or receptionist for a copy or a translation in Spanish, Korean, and Chinese/Mandarin.

Safety and trust are crucial to providing the safe, supportive, and respectful environment our students and staff deserve. You can learn more about safety measures UCR Student Health takes to protect patients and respond to sexual misconduct online at <a href="Sexual Misconduct Reporting">Sexual Misconduct Reporting</a>

I have received the **NOTICE OF CHAPERONE POLICY**. I understand that:

- UCR Student Health requires a trained chaperone at sensitive exams
- I will be asked whether I'd like a chaperone before each sensitive exam
- I can decline a chaperone and that fact will be recorded in my medical record
- I can ask for a chaperone at any time, including for a non-sexual examination