

DID YOU KNOW?

Smoke, tobacco, and vape products have negative health consequences.

SEE A SMOKER?
STOP A SMOKER!

DID YOU KNOW?

UCR is a smoke-, tobacco- and vape-free campus.

DON'T BE A BYSTANDER
BE A HIGHLANDER

DID YOU KNOW?

There are resources to help you quit. Contact 1-800-NO-BUTTS or 1-844-8-NO-VAPE

For more information and resources, visit wellness.ucr.edu



wellness.ucr.edu

UCR is a 100% smoke and tobacco-free campus

Smoking, the use of smokeless tobacco products, e-cigarettes and unregulated nicotine products are strictly prohibited.