

UCR Health Overview

World Class UC-Care Near You

October 2025



Our Mission

To deliver exceptional, compassionate, patient-centered care for the community.

We will accomplish this by expanding primary care, specialty, ambulatory, inpatient, and procedural capabilities and research and developing the next generation of physicians serving the Inland Empire.

Our Vision

To be the leading healthcare provider in the Inland Empire, improving the health of individuals and families through mission-driven collaboration, outstanding education, and innovative care delivery.

We will accomplish this through world-class UC-Care quality, viability, sustainability, regionally integrated clinical network, and a long-term commitment to the Inland Empire.



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)





UC Insurances Accepted

Faculty, Staff, Emeriti, Retiree: This Open Enrollment, choose a UC self-funded Health Plan to have direct access to world class UC physicians and specialists on Jan 1st, 2026.

UC Care – PPO	
UC Health Savings Plan (HSP) – PPO	
UC CORE - PPO	
UC Blue & Gold HMO	

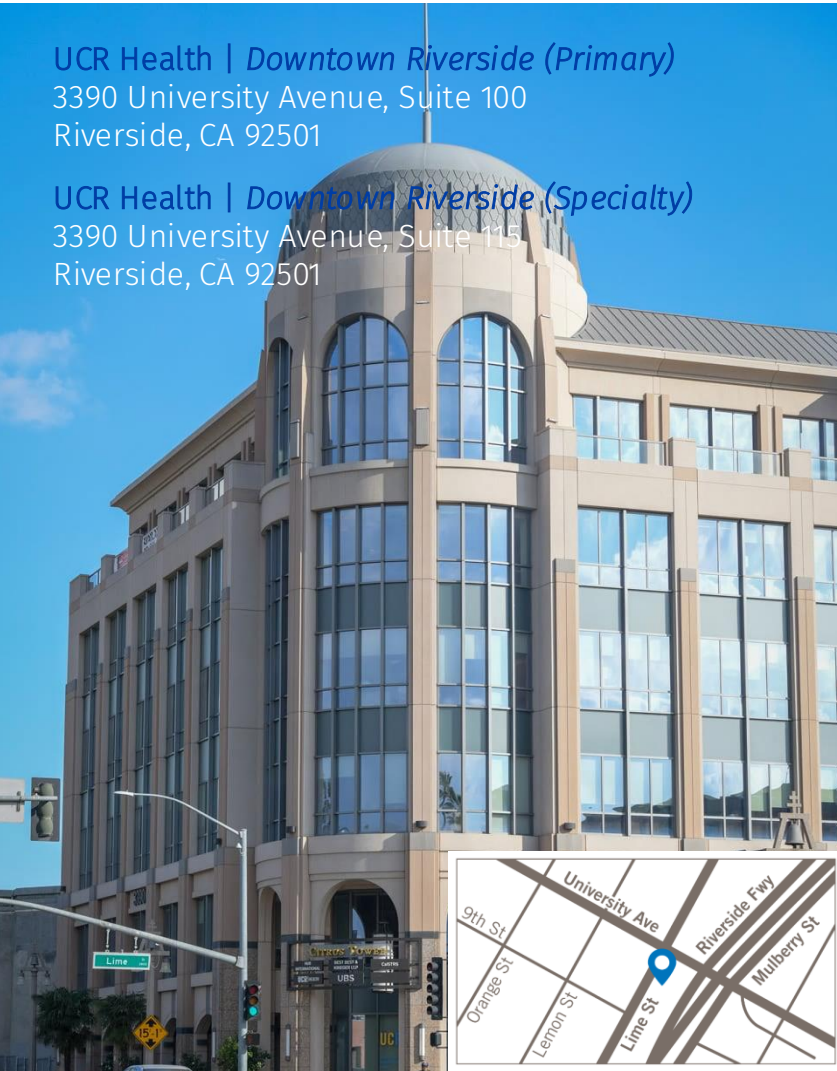


Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)

New Names, Same Great Care!

UCR Health | *Downtown Riverside (Primary)*
3390 University Avenue, Suite 100
Riverside, CA 92501

UCR Health | *Downtown Riverside (Specialty)*
3390 University Avenue, Suite 115
Riverside, CA 92501



UCR Health | *Riverside South*
19330 Jesse Lane, Suite 100
Riverside, CA 92508



UCR Health | *La Quinta*
79430 Highway 111, Suite 102
La Quinta, CA 92253



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)



Care for All Residents Across the Inland Empire




CHILDHOOD IS FULL OF WONDER

EXPERT CARE FOR EVERY AGE AND STAGE

We understand how important it is to find trusted experts who can support your child's physical, emotional, and mental needs. Our comprehensive team is here to provide care that grows with your child—from infancy through adolescence.

Meet our providers, here to support your child's health journey:



ROOPA VIRARAGHAVAN, MD
PEDIATRIC INFECTIOUS DISEASES SPECIALIST
Accepting New Patients



TEJAL KHANDHAR, DO
PEDIATRICIAN
Accepting New Patients



TOSHIA ANN YAMAGUCHI, MD
CHILD AND ADOLESCENT PSYCHIATRIST
Accepting New Patients

WE OFFER
Preventive Care & Immunizations
Primary & Infant Specialty Care
Sick Visits & Well-Child Checkups
Pediatric Mental Health Support

WE ACCEPT
Aetna
Blue Cross
Cigna
UC Blue & Gold
Health Net
Inland Empire Health Plan (IEHP)
and More!

*HMO insurance requires selecting our HealthNet or UCR Health physician as your primary care physician.




OUR HEALTH. OUR PRIORITY.

ology | Family Medicine | Gynecologic Oncology | Internal Medicine
Internal-Fetal Medicine | Minimally Invasive Gynecologic Surgery
Neurology | Obstetrics and Gynecology | Pain Medicine
Pediatrics | Psychiatry | Rheumatology | Urogynecology

EXPERTS FOR EVERY AGE

ALL MAJOR INSURANCE ACCEPTED.
Riverside | La Quinta | Corona, CA - coming soon!

[UCRHEALTH.ORG](https://ucrhealth.org)
844.827.8000





START YOUR JOURNEY TOWARD BETTER HEALTH

TAKE CHARGE OF YOUR HEALTH TODAY.

Enhance your overall health and quality of life. As the Inland Empire's premier academic health system, UCR Health's compassionate care team is here to offer individualized care to help you live your best life.

Meet our providers, here to support your health journey:



LAMA AL-KHOURY, MD
NEUROLOGIST
Accepting New Patients



PETER URESTE, MD
GERIATRIC PSYCHIATRIST
Accepting New Patients



ALIA TUQAN, MD
GERIATRICIAN
Accepting New Patients



RAMY SADEK, MD
CARDIOLOGIST
Accepting New Patients

CONDITIONS WE TREAT
Dementia
Depression
Falls
Frailty
Gait Instability
Heart Disease
Impaired Cognition
Neurology Psychiatry

WE ACCEPT
Aetna
Anthem Blue Cross
Health Net
Inland Empire Health Plan (IEHP)
Medi-Cal
Medicare
And More

*HMO insurance requires selecting UCR Health or a UCR Health physician as your primary care physician.




NEW YEAR. NEW YOU.

START YOUR JOURNEY TOWARD BETTER HEALTH.

WORLD CLASS PRIMARY AND SPECIALTY CARE AT A LOCATION NEAR YOU.

NEED A DOCTOR?
[UCRHEALTH.ORG](https://ucrhealth.org) | 844.827.8000



TAKE CHARGE OF YOUR HEALTH TODAY.

Improve your overall health and quality of life. As the Inland Empire's premier academic health system, UCR Health's compassionate, care team is here to offer individualized care to help you live your best life.

- Convenient locations in Riverside and the Coachella Valley
- Expert providers in primary and specialty care
- Online and mobile tools to connect with your care team

If family members with different health plans want the convenience of seeing the same provider, you can refer them to UCR Health's Patient Access Center (**844-827-8000**) to validate that we accept their insurances (e.g. IEHP, Aetna, Cigna, etc.)



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)

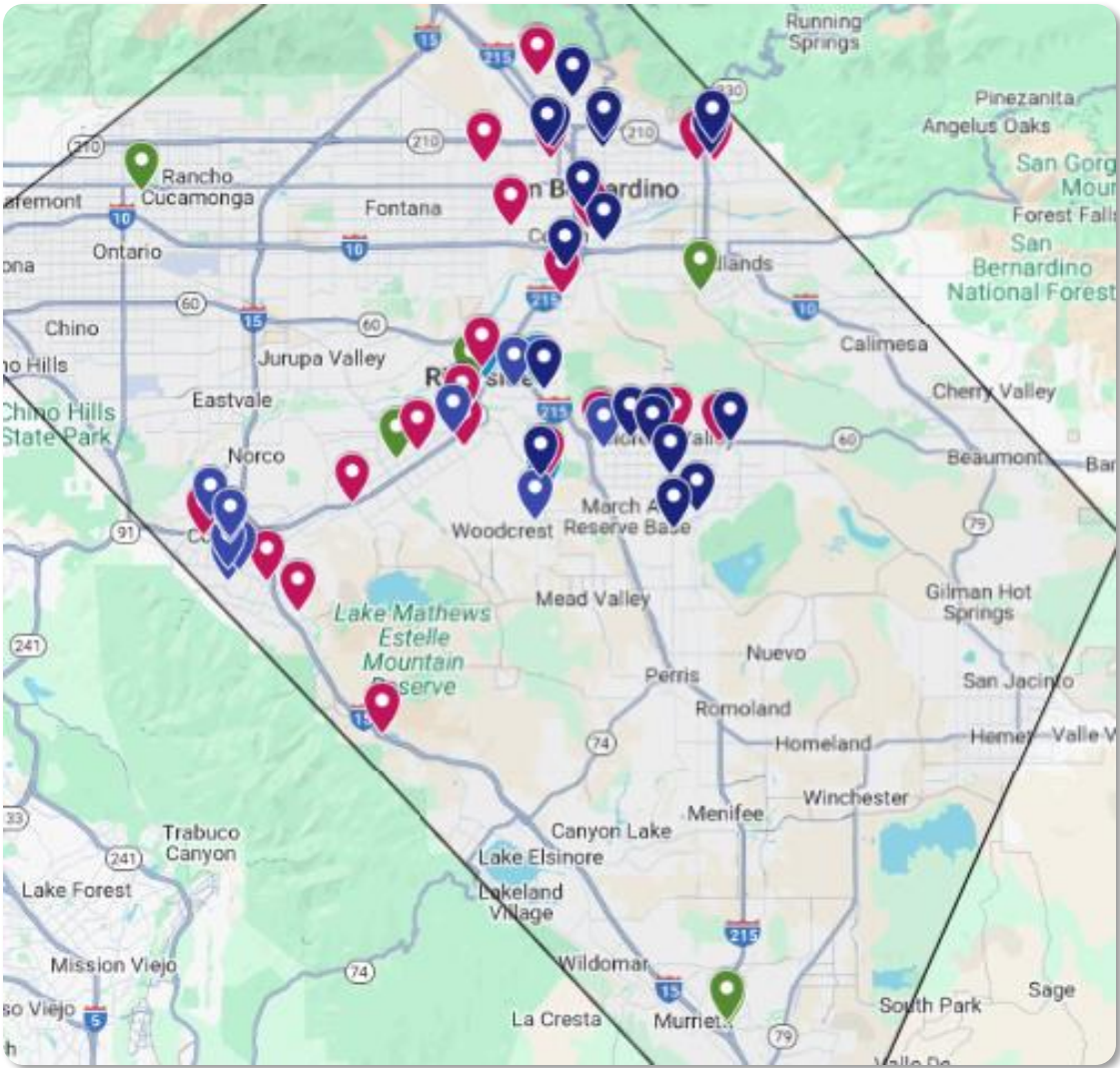


Hospital Partners



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)

New: Accessible Locations Near You (Jan 1, 2026)



Expanded Specialty Services	
Orthopaedic Surgery/Sports Medicine	Optometry
Head and Neck Surgery	Nephrology
Dermatology	Neurosurgery
Medical Oncology	Vascular Surgery
Gastroenterology	Allergy
Pulmonary Sleep	Plastic Surgery
Ophthalmology	Infectious Diseases
Urology	Pulmonary Surgery
Endocrinology	Colorectal Surgery
General Surgery	Minimally Invasive Surgery
Pain Management	Pulmonary
Hepatology	Cardiothoracic Surgery



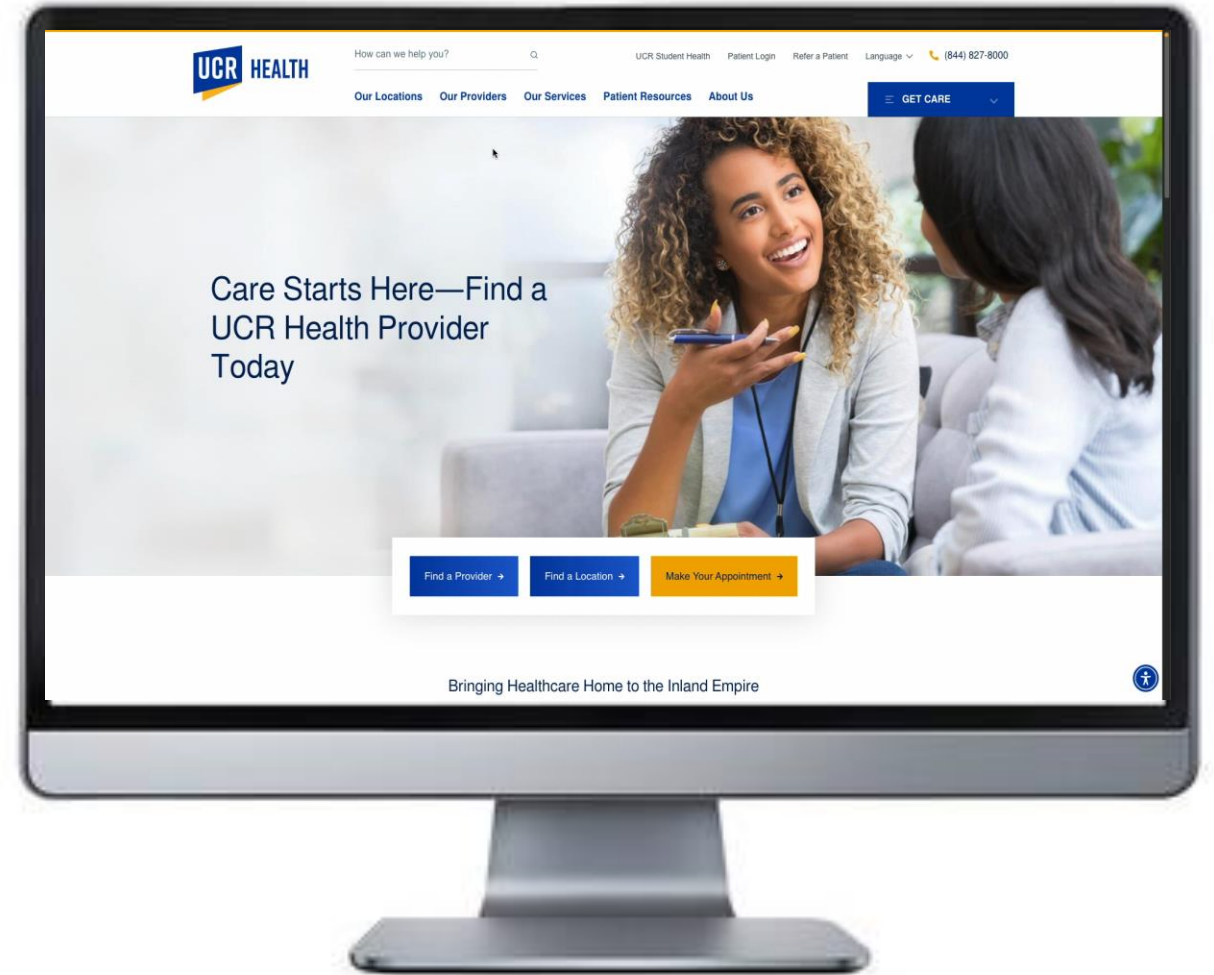
Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)



Visit ucrhealth.org

Access our full physician directory & services

- Find the physician that fits your medical needs
- Discover the wide range of routine, preventive and specialty medical care available to you
- Explore the various wellness programs and assistance services within your zip code



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)

Now Live: Self-Scheduling

Book your appointment, on your own time.



How can we help you?



[UCR Student Health](#)

[Patient Login](#)

[Refer a Patient](#)

[Language](#) ▾

 [\(844\) 827-8000](#)

[Our Locations](#)

[Our Providers](#)

[Our Services](#)

[Patient Resources](#)

[About Us](#)

≡ [GET CARE](#)



Make an Appointment

If you are experiencing a medical emergency, please call 911 immediately.

Appointments On-Demand

Find a UCR Health primary care provider. View real-time availability and schedule an appointment now.

[Book Appointment](#)

Schedule Through MyChart

Returning patients can book in-person or video visits directly through our patient portal.

[Log In](#)

Request an Appointment

New or returning patient? Start here. Submit a request and we'll help schedule your visit.

[Start Your Request](#)

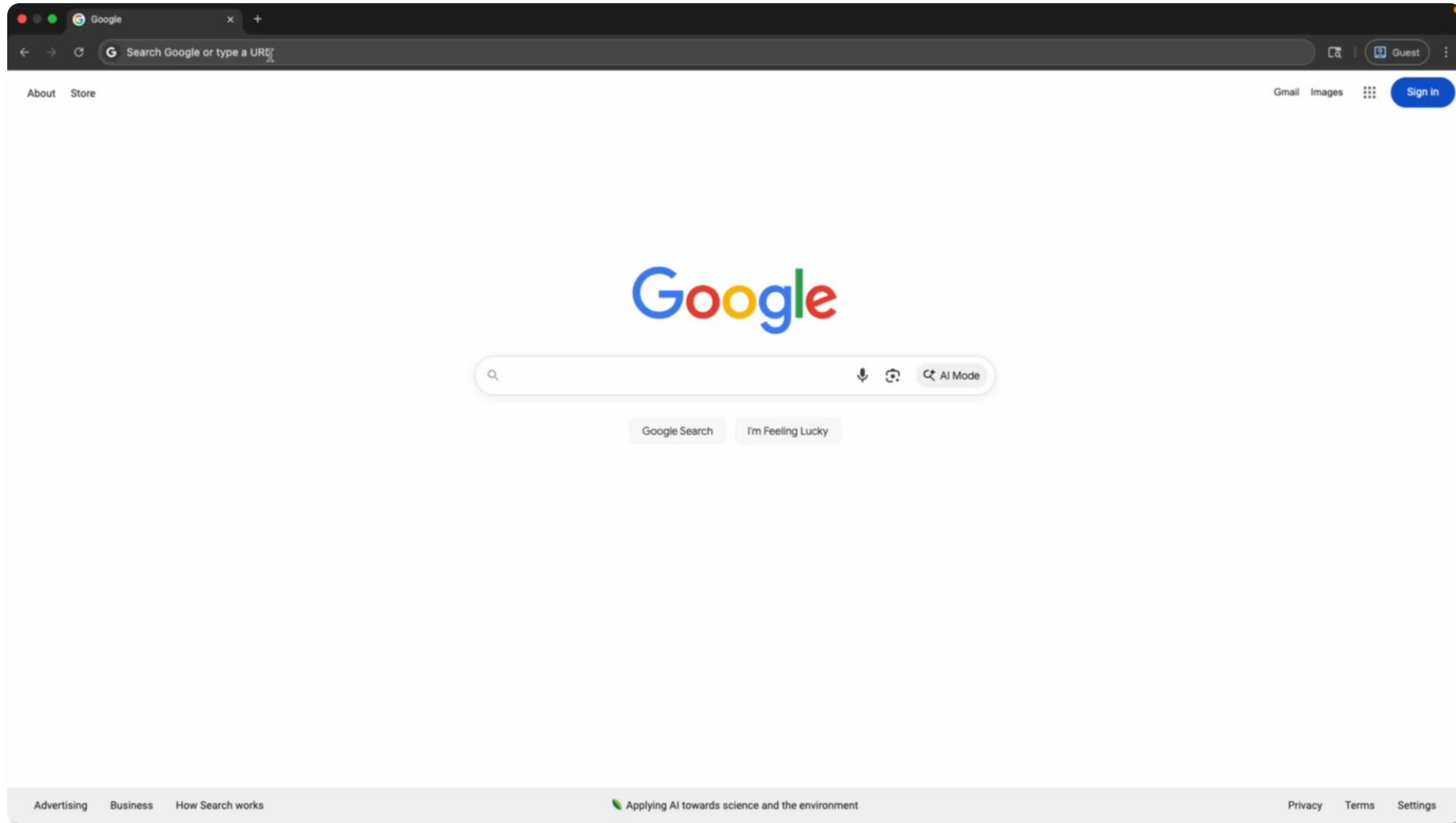
Book by Phone

New and returning patients can connect with a custom care specialist, Monday - Friday, 7:30 am to 5:30 pm (PST).

[Call \(844\) 827-8000](#)

Visit ucrhealth.org/uc-blue-gold

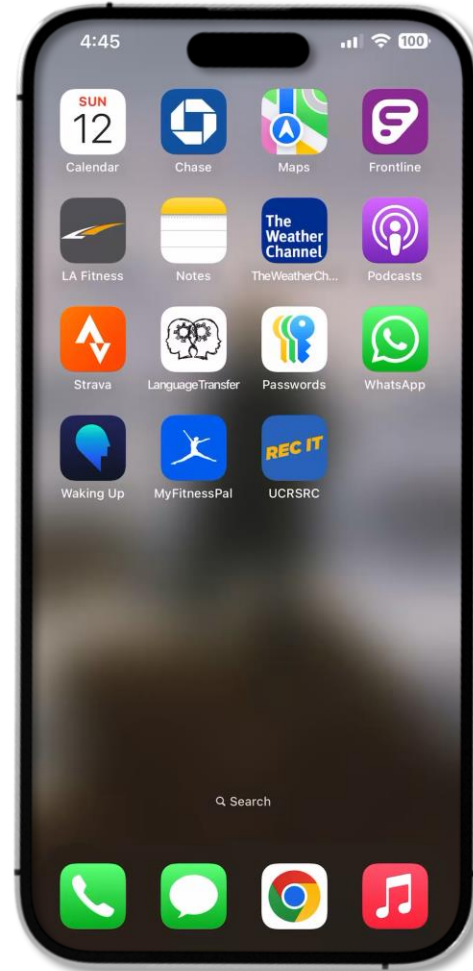
Our website designed to help you this Open Enrollment season



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)

Visit ucrhealth.org/uc-blue-gold

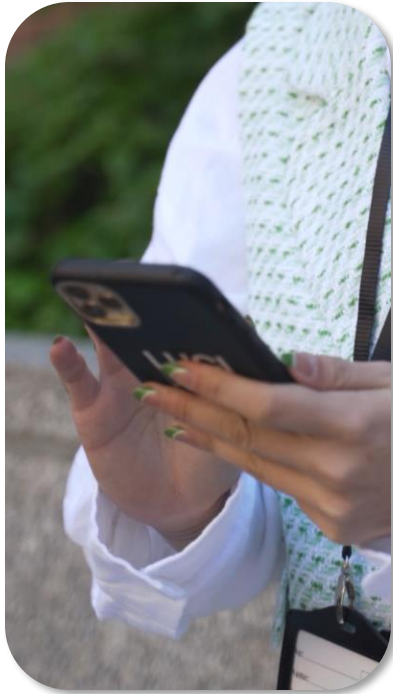
Our website designed to help you this Open Enrollment season



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)

Call the Dedicated UCR Employee Open Enrollment Line

Find immediate answers to all your Open Enrollment questions



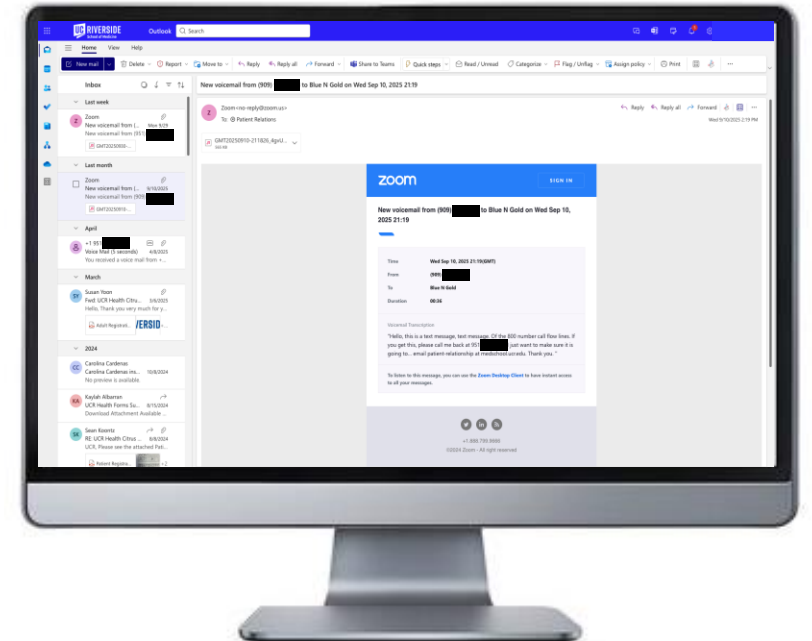
1.

Call **1-855-UCRHBNG**



2.

Listen to the options



3.

Leave a message



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: **1-855-UCRHBNG (1-855-827-4264)**

Building a Healthcare System for the Future



Canyon Springs Campus with Specialty Ambulatory Center

- Envisioned as major academic medical hub
- Land entitled for:
 - Specialty Ambulatory Center
 - 280-bed acute care hospital
 - Dedicated parking structure
 - Separate medical office building
- Enhance access in Inland Empire and broaden Ambulatory Footprint

Target Launch: 2029



Scan or visit ucrhealth.org/uc-blue-gold
Concierge Line: 1-855-UCRHBNG (1-855-827-4264)



Thank you!