

2026 BENEFITS OPEN ENROLLMENT

Emeriti and Retirees Virtual Help Desk

WHAT

To help select the right benefit plans for you, the Human Resources Benefits Office is sponsoring an Open Enrollment Emeriti and Retirees Virtual Help Desk. The UCR Benefits Team will be available by email and telephone to answer any questions you have about the 2026 Open Enrollment.

WHEN

Monday, November 10, 2025
8:00 a.m. – 5:00 p.m.

HOW

You are welcome to participate in the following ways:

- Email: benefits@ucr.edu
- Telephone: (951) 827-2636 or (951) 827-5086

[Visit the UCR 2026 Emeriti and Retirees Benefits Open Enrollment website.](#)