



October 30, 2025

To: UCR Emeriti and Retirees
From: Central HR Benefits Office
Re: Emeriti and Retiree Benefits Open Enrollment – Starts Today!

Benefits Open Enrollment begins on Thursday, October 30, 2025, at 8:00 a.m. and ends on Friday, November 21, 2025, at 5:00 p.m.

It is essential for all Emeriti and Retirees to review medical plan designs and view the rate changes using the ALEX Retiree Premium Estimator Tool that include increased out-of-pocket expenses and copays for all plans.

After reviewing the medical plan changes, if you are satisfied with your current benefit elections and not making any changes, no action is required for Open Enrollment, and all existing benefits will roll over to the new plan year effective January 1, 2026.

New this year

- **New Medical plan, Non-Medicare Blue Shield PPO, plan design and rate changes, including increased out of pocket expenses and copays to consider your options and costs.**
- **The new Blue Shield Health Savings+ is replacing CORE and UC Health Savings plan effective January 1, 2026.**
- **New medical plan designs and rate changes, including increased out of pocket expenses and copays.**

- **ARAG Legal Identity Theft feature offers additional adult family member enrollment options.**
- **Open Enrollment deadline: Make your elections by Friday, November 21, 2025, at 5:00 p.m.**

Open Enrollment Events and Education

Kaiser Permanente HMO Open Enrollment Webinar

- Non-Medicare Thursday, October 30, 2025, | 9:30 a.m. – 10:30 a.m. | [View Flyer](#)
- Medicare Eligible Thursday, October 30, 2025, | 11:00 a.m. – 12:00 p.m. | [View Flyer](#)

Kaiser Permanente representatives will provide a summary of the Kaiser Permanente plan options and answer any questions you may have.

How to Participate:

- Non-Medicare: [Join Zoom](#)
- Medicare Eligible: [Join Zoom](#)

Anthem Medicare Eligible Webinar | [View Flyer](#)

- Thursday, October 30, 2025, | 10:00 p.m. – 11:00 a.m.

Anthem Blue Cross Medicare plans representative, and the Navitus Prescription Drug Program representative will provide a combined webinar to share a summary of the plans, design changes, new copays, and answer any questions you may have.

How to Participate:

- [Join Zoom](#)

Navitus Prescription Drug Program Webinar | [View Flyer](#)

- Thursday, October 30, 2025, | 12:00 p.m. – 1:00 p.m.

The Navitus Prescription Drug Program representative will share a summary of the changes, new copays, and answer any questions you may have.

How to Participate:

- [Join Zoom](#)

NEW for 2026!! Accolade Non-Medicare Blue Shield PPO Open Enrollment Webinar | [View Flyer](#)

Please join Accolade for a UC systemwide presentation outlining the upcoming changes and transition to the new Blue Shield PPO plans. Accolade will provide detailed information on the new plans available, outline the plan design and changes, review the new deductible, copay, and coinsurance rates and respond to questions.

You have **three (3) opportunities** to learn about the benefits of the Non-Medicare Blue Shield PPO Plans:

- Tuesday, November 4, 2025 | 12:30 p.m. – 2:00 p.m.
- Friday, November 14, 2025 | 12:30 p.m. – 2:00 p.m.
- Tuesday, November 18, 2025 | 12:30 p.m. – 2:00 p.m.

Please register to attend any one or all three sessions. [Register here](#)

Health Equity Health Savings Account Webinar | [View Flyer](#)

Join us for a review of the benefits of having a *Health Savings Account when you enroll in the UC HealthSavings+ plan and how it differs from a Flexible Spending plan. The HSA pre-tax savings account funds may be used to pay for medical out of pocket expenses as an employee as well as medical expenses after retirement.

You have **three (3) opportunities** to learn about the benefits of the Health Savings Account. *This account is only available when enrolled in the UC HealthSavings+ medical plan

- Tuesday, November 4, 2025 | 2:00 p.m. - 3:00 p.m.
- Monday, November 10, 2025 | 12:00 p.m. - 1:00 p.m.
- Monday, November 18, 2025 | 2:00 p.m. - 3:00 p.m.

Please [Register here to attend](#) any one or all three sessions

United Healthcare Medicare Advantage PPO Plan Open Enrollment Webinar | [View Flyer](#)

- Medicare Eligible – Wednesday, November 5, 2025, | 9:30 p.m. – 10:30 a.m.

United Healthcare representatives will provide a summary of the United Healthcare plan benefits, any plan design changes, and answer any questions you may have.

How to Participate:

- [Join Zoom](#)

Health Net HMO Open Enrollment Webinar | [View Flyer](#)

- Wednesday, November 5, 2025, | 11:00 a.m. – 12:00 p.m.

Health Net representatives will provide a summary of the Health Net plan benefits and answer any questions you may have.

How to Participate:

- [Join Zoom](#)

Kaiser Permanente's Wellness Mobile Health Vehicle is Coming to You | [View Flyer](#)

- Thursday, November 6, 2025, from 8:00 a.m. – 9:45 a.m. and 11:00 a.m. – 1:45 p.m.

Screenings for Kaiser Permanente and Non-Kaiser Permanente members. Free flu shots for those who register for the Biometric Screening.

How to Participate

- [Register](#)

UC Riverside In-Person, On-Campus Benefits, Health, and Wellness Fair! | [View Flyer](#)

- Thursday, November 6, 2025, from 10:00 a.m. to 2:00 p.m.

Join us and our benefit plan providers for the in-person UC Riverside Benefits, Health, and Wellness Fair featuring ***Kaiser Flu Shots and Health Screenings Mobile Unit, Free Massages, Selfie Photo Booth with Scotty Bear, provider giveaways, raffle drawings, healthy snacks, relaxing music from KUCR and more.***

How to Participate

- Join us at the HUB, Third Floor, Room 302 South

Open Enrollment Virtual Help Desk | [View Flyer](#)

- Monday, November 10, 2025, | 8:00 a.m. – 5:00 p.m.

Reach out to the Human Resources Benefits Office during the Virtual Open Enrollment Help Desk hours to receive guidance and obtain answers to questions regarding the changes to health and welfare plans.

How to Participate

- UCR Benefits Representatives will be available to assist by email for a rapid response at benefits@ucr.edu and by phone at 951.827.2636 and 951.827.5086.

UCR Health Overview Webinar | [View Flyer](#)

- Wednesday, November 12, 2025, | 11:00 a.m. – 12:00 p.m.

UCR Health is affiliated with the University of California, Riverside School of Medicine and has a team of physicians, specialists and healthcare professionals with medical offices located throughout the Inland Empire, you don't have to travel long distances for access to quality healthcare.

How to Participate:

- [Join Zoom](#)

Contact us

For questions regarding Open Enrollment, please contact the Benefits Office via email at benefits@ucr.edu.