UCR HEALTH

Bringing Healthcare Home.

Because Health Starts Here.

Video link | https://vimeo.com/975650044

Our Mission

To deliver outstanding patient care in alignment with community needs and to increase service capability and capacity for underserved urban and rural areas.

UCR HEALTH

Our Mission

To be the leader in healthcare service delivery and serve the Inland Empire as an integrator of care to improve the health of individuals.

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- Healthcare access for Inland Empire patients
- Quality and population health improvement
- Clinical service and programmatic capabilities
- Community partnerships
- Clinical research
- Care management and coordination
- Clinical education of medical students and residents
- Physician organization development/expansion
- Reduction of healthcare disparity and inequity

Vision 2030 Our Role

Offer distributed "Hub & Spoke" clinical network in the IE

- 307 physicians [Faculty ~15% / Clinical Track ~40% / CIN ~45%]
- Distributed primary care and office-based specialty clinic network
- Integrated ambulatory locations (~3 integrated centers and 1 HOPD site)
- Hospital

Serve as Integrator of Care

- UCR Health will adopt an integrator role within the fragmented network of care of hospitals, clinics, and providers in the region
- UCR will drive alignment around population health, quality, equity, improved access, and service availability

Enhance Clinical Quality

- UCR Health will have top decile (>90%ile) quality performance
- UCR will be the second 4-star hospital in the region

Expand Clinical Education Programs

- Accommodates 500 medical school students
- Increased residencies to educate specialists and recruitment / retention strategy for increasing access

Collaborate with other UCs

- Physician organization development in the Inland Empire
- Integrated clinics in West, S/E and S/W
- Comprehensive cancer capability
- Infrastructure
- Quaternary & specialized care
- Care pathway standardization

Serve as a Community Partner

- Managed care (HMO) network by 2026-2027
  - Blue and Gold for employees and students
  - Capitated network for employers
- Care coordination
- Foundations
- Tribal organizations
- FQHCs

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Bringing Care to our Community

UCR Health physicians provide a wide range of routine, preventive, and specialty medical care:

Medical Services

- Cardiology
- Clinical Neuropsychology
- Family Medicine
- Gynecologic Oncology
- Hospitalist Services
- Internal Medicine
- Neurology
- Obstetrics & Gynecology
- Pain Medicine
- Pediatrics
- Primary Care
- Psychiatry
- Rheumatology
- Sports Medicine
- Urogynecology
- Women’s Health

UCR HEALTH

Key Statistics

Fiscal Year: 2024

- We completed 46,900+ visits
- We accept 35+ different types of insurance
- We treat 10 different specialties
- We saw 7,134 new patients

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Our Programs

Our Women's Health Services

Discover our wide range of women's health services designed to address the diverse needs of women throughout their lives:

- Chronic Pelvic Pain
- Abnormal Uterine Bleeding
- Gynecologic Malignancy
- Urinary Incontinence
- Menopause (Including Hormone Therapy)
- Pregnancy Loss
- Complex Gynecology
- Adolescent Gynecology

Our Psychiatry and Behavioral Health Services

We understand that mental health care is crucial, involving the diagnosis and treatment of conditions that deeply impact your overall well-being, such as personality disorders, substance abuse, life stressors, trauma, crisis, and stress-related physical symptoms. This kind of care encompasses psychiatry and behavioral health, and it's important to prioritize your mental well-being.

- Neuropsychological Evaluations
- Mood and Anxiety Disorders
- Attention and Behavioral Disorders
- Other Mental Health Conditions

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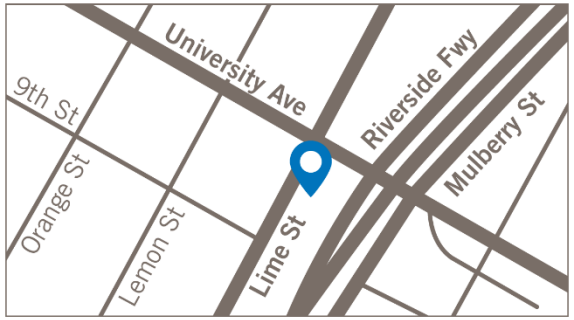
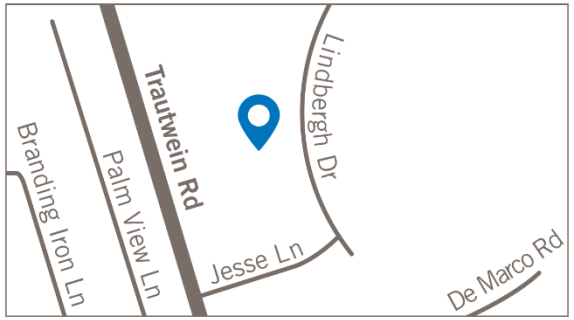
Accessible Locations Near You

UCR Health has five locations throughout Riverside County, including our newest UCR Health Community Clinic - Hulen Place, serving primarily the unhoused and low-income community in Riverside.



UCR Health | *Multispecialty Clinic*
3390 University Avenue, Suite 100
Riverside, CA 92501

UCR Health | *Psychiatry Clinic*
3390 University Avenue, Suite 110
Riverside, CA 92501



UCR Health | *Women's Health*
19330 Jesse Lane, Suite 100
Riverside, CA 92508

UCR Health | *Pediatric Clinic*
La Quinta Valley Plaza
79430 Highway 111, Suite 102
La Quinta, CA 92253

Opened: Sept. 26, 2023

EAST of 91 Freeway
WEST of 215 Freeway
SOUTH of 60 Freeway

UCR Health | *Community Clinic – Hulen Place*
2880 Hulen Place
Riverside, CA 92507

Hospital Partners

- Corona Regional Medical Center
- Eisenhower Medical Center
- Parkview Community Hospital Medical Center
- Rancho Springs Hospital
- Riverside Community Hospital
- Riverside University Health System
- St. Bernardine Medical Center

UCR HEALTH

Insurances Accepted

Health Plans

- Aetna
- Anthem Blue Cross
  - **CORE PPO, UC Care PPO, Health Savings Plan PPO**
- Blue Shield
- Cigna
- Evernorth Behavioral Health
- Health Net
  - **UC Blue & Gold HMO**
- Inland Empire Health Plan
- Magellan Health Services
- Managed Health Service
- Optum Behavioral Health

Government Insurance

- Medicare
- Medi-Cal
- TriCare
- TriWest

Affiliated IPAs

- Desert Oasis Healthcare
- Regal Medical Group and Lakeside Medical Org, a Medical Group, Inc.

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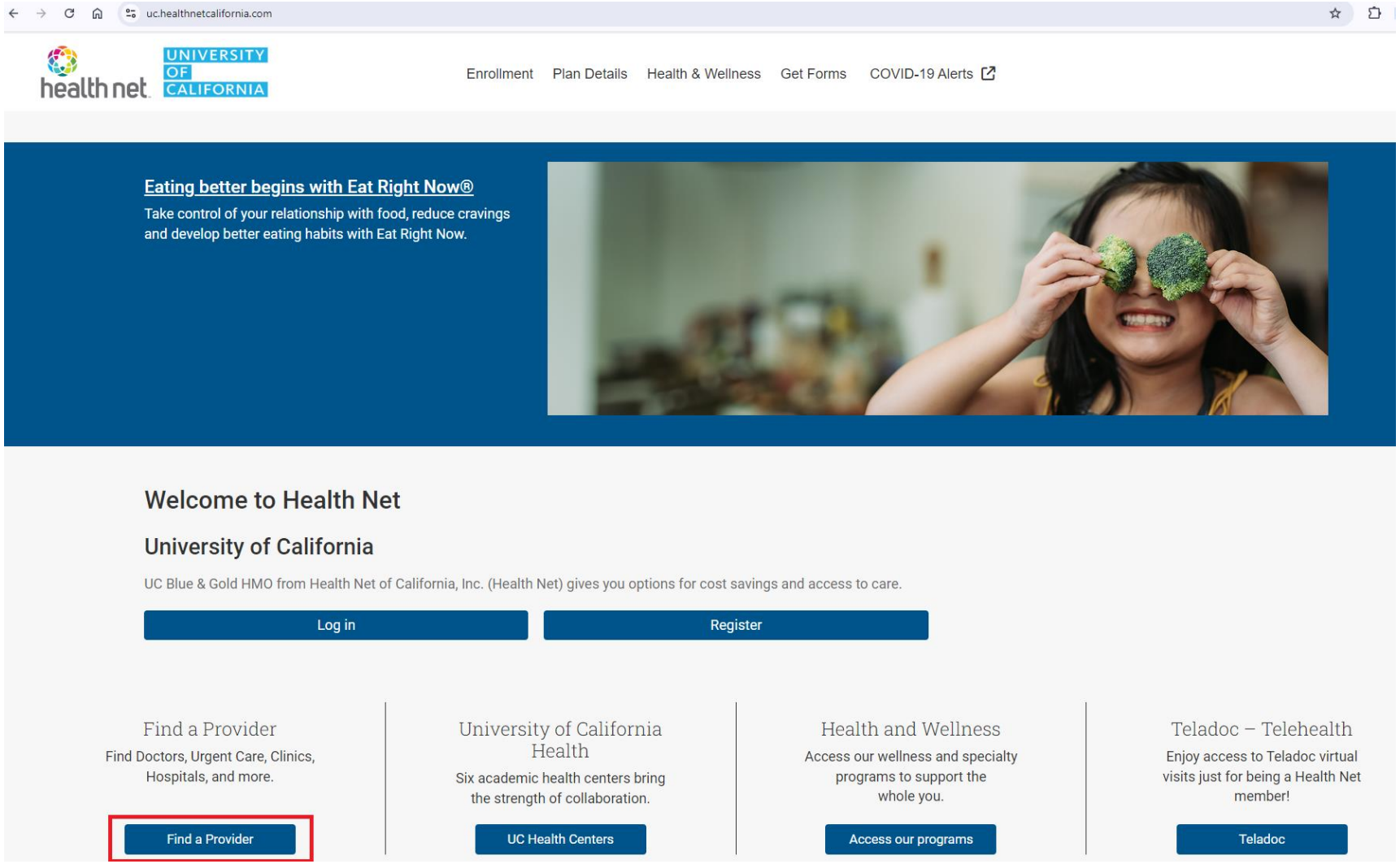
How to Navigate the HealthNet Microsite



STEP 1:

Go to **uc.healthnet.california.com** and click on the “Find a Provider” button located under the **“Find a Provider”** section.

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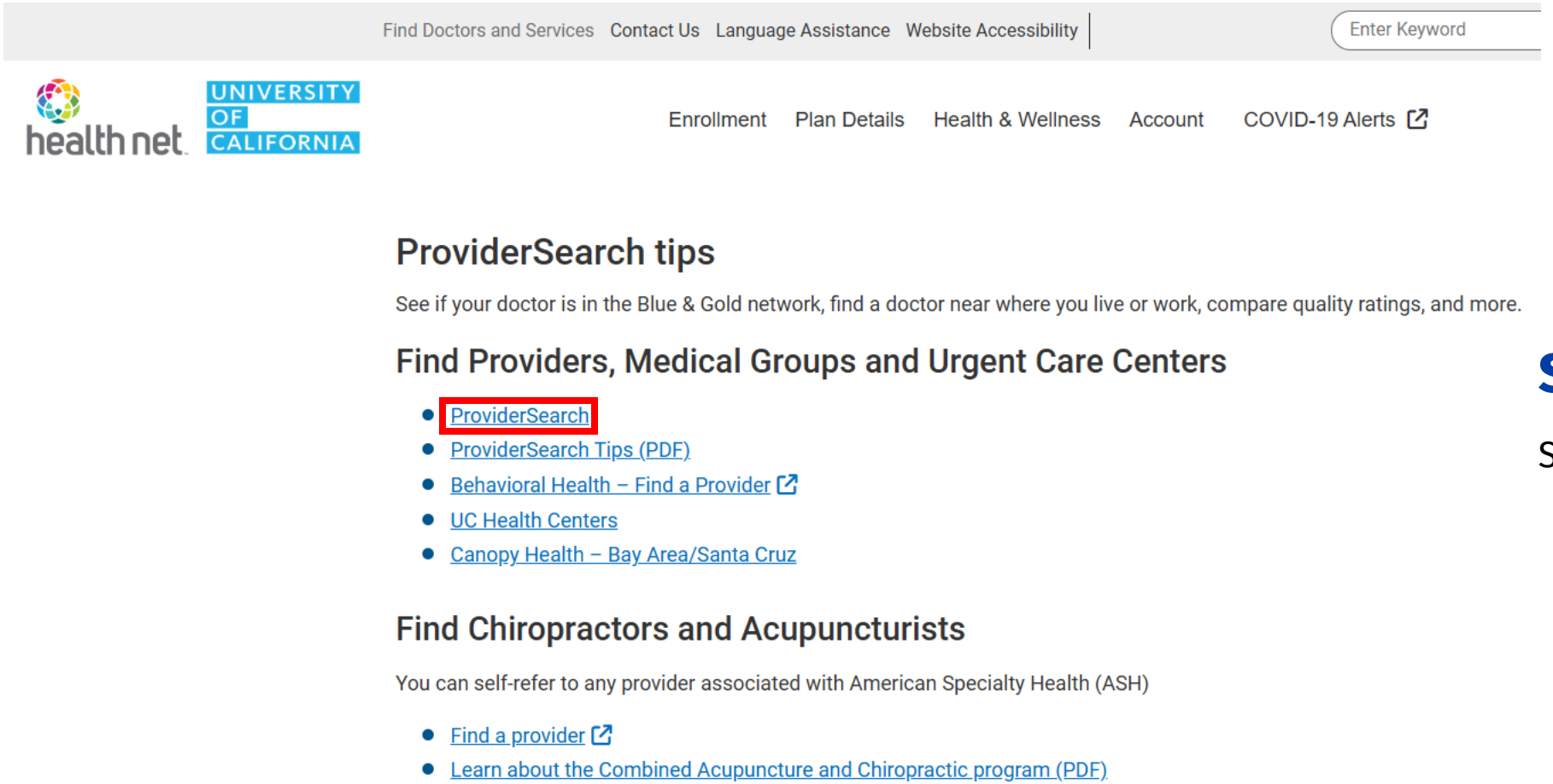

STEP 2:

Select **ProviderSearch** to start.

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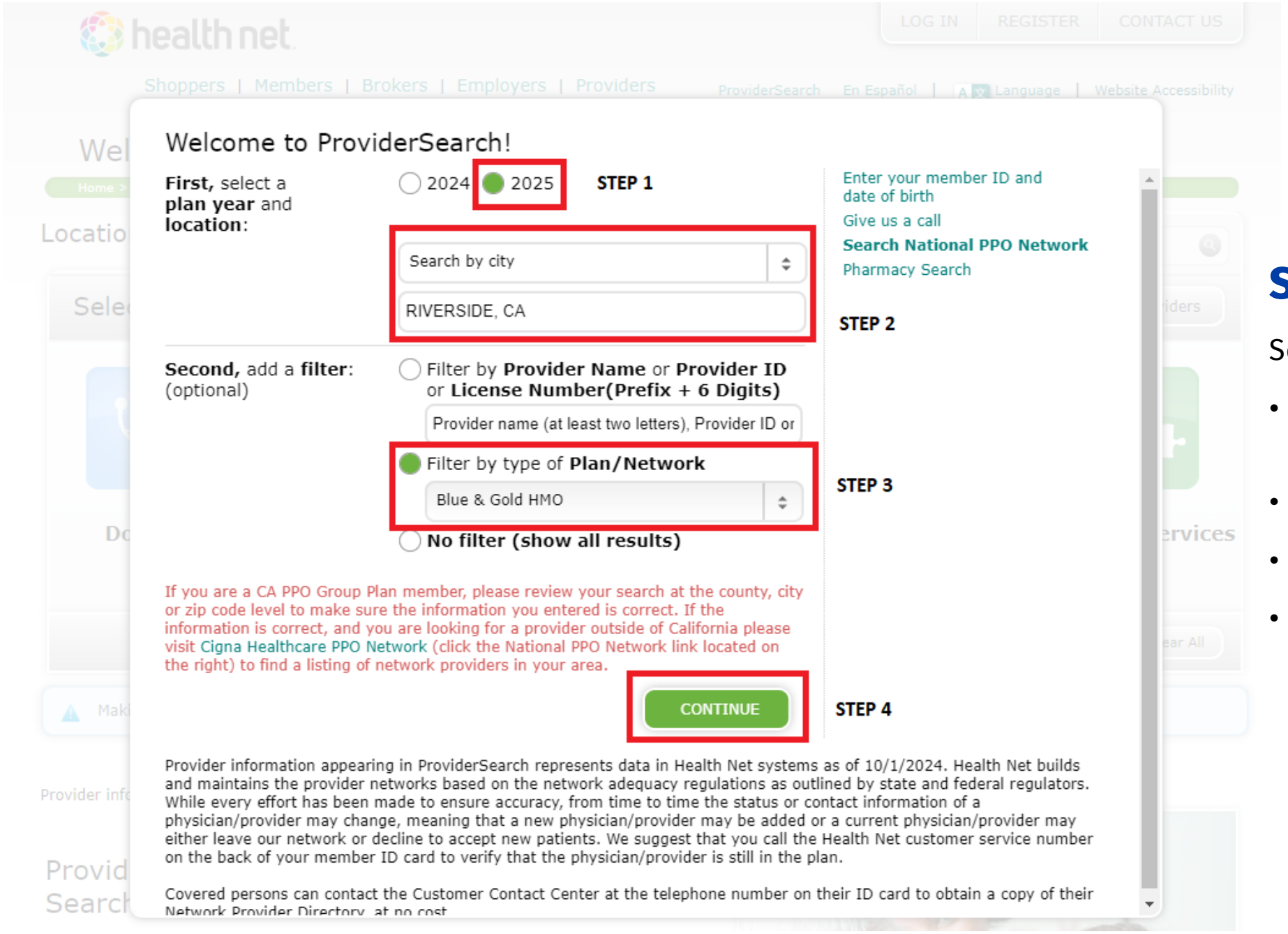

STEP 3:

Select **Plan Year** and **Location**

- Make sure **2025** is selected as the plan year
- Enter **location**
- Select **Blue & Gold HMO**
- Click **“Continue”** to move forward

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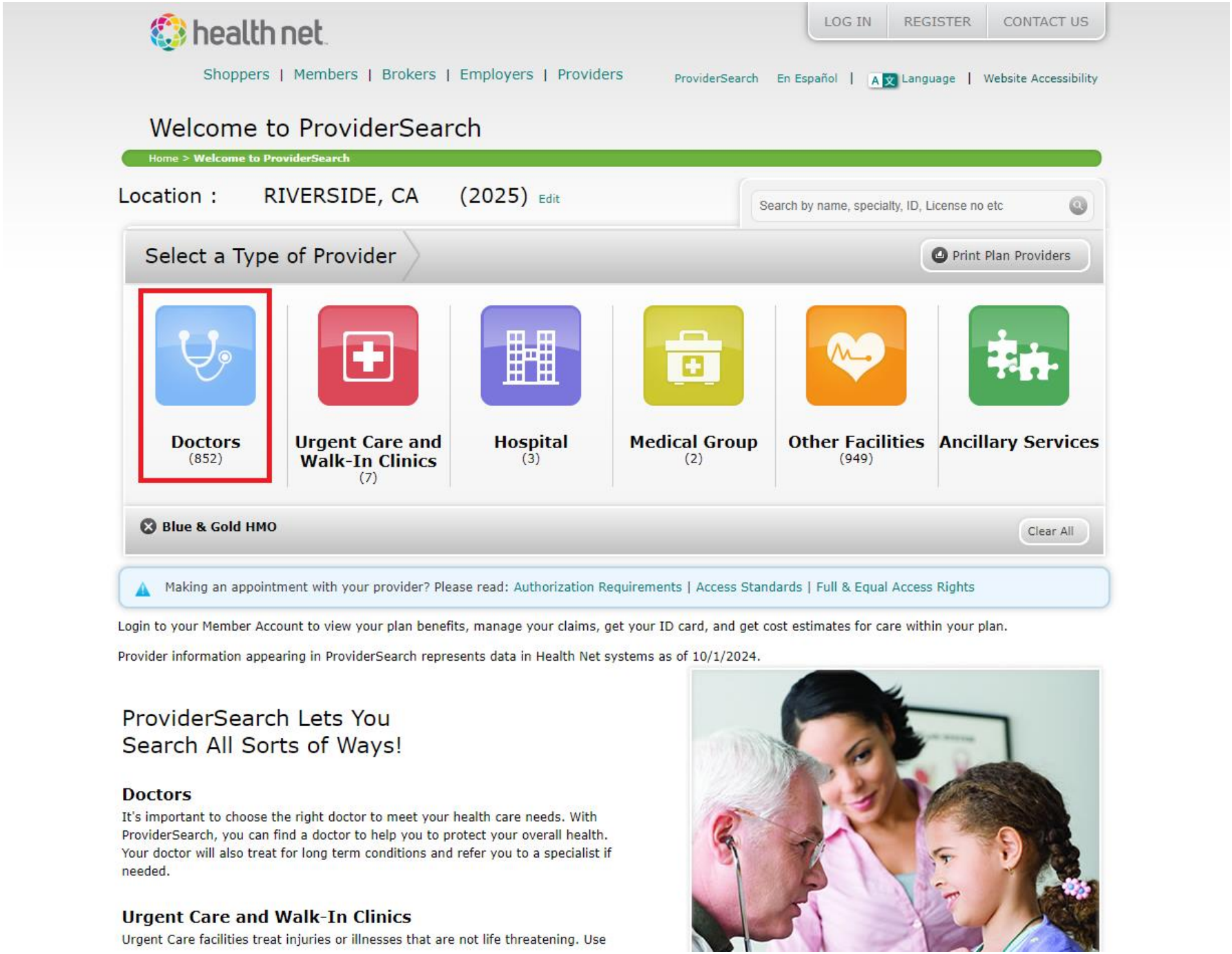

STEP 4:

Provider Type Selection

- The next screen allows users to select the type of provider
- For doctors or physicians, members should click on the "**Doctors**" icon

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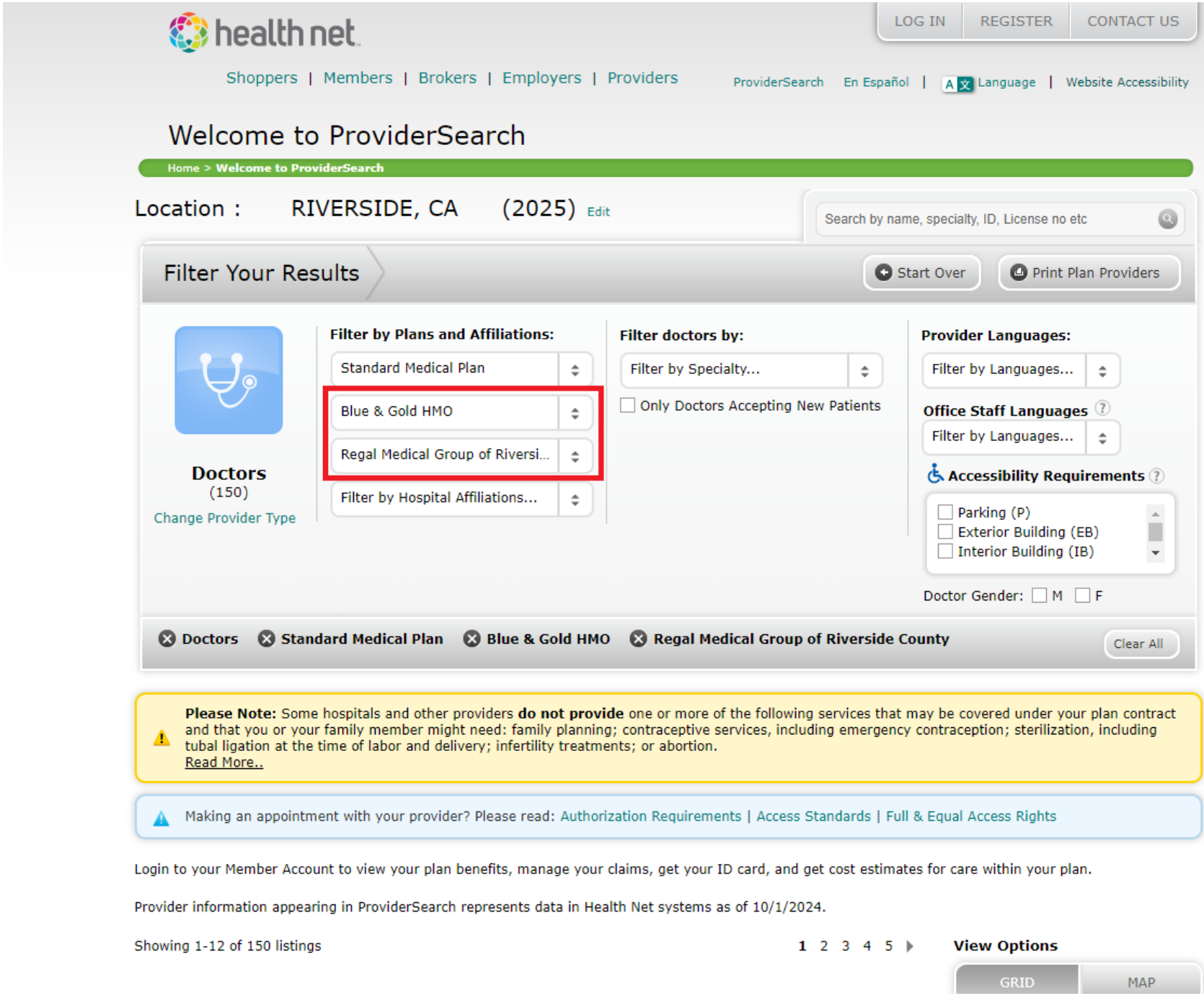

STEP 5:

Filtering Results

- The **Blue & Gold HMO** network is pre-selected (as chosen earlier)
- Users can apply additional filters:
  - **Regal Medical Group of Riverside County**
  - **Regal Medical Group of San Bernardino County**

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How to Choose a UCR Health Provider

- Call **Health Net Member Services** at **(800) 539-4072** and request a primary care physician with ***Regal Medical Group of Riverside County***

- UCR employees and covered family members enrolled in **UC Blue & Gold** can switch to UCR Health providers (through ***Regal Medical Group of Riverside County***) at any time during the year

Scan the QR code to go to UCR Health's Health Net Microsite

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PROVIDER DIRECTORY

Primary Care

Michelle Bholat, MD
Family Medicine
English

Kathy Calderon, MD
Family Medicine
English

Marc Debay, MD
Family Medicine
English, French, Spanish

Tiffany Phon, MD
Family Medicine
English

Samia Faiz, MD
Internal Medicine
English, Spanish

Nandini Gowda, MD
Internal Medicine
English, Kannada

Elizabeth Jacobs, MD
Internal Medicine
English

Paul Salama, MD
Internal Medicine
English

Tejal Khandhar, DO
Pediatrics
English

E. Caroline McGowan, MD
Pediatrics
English

Renee Moreno, MD
Pediatrics
English

John Nevin, MD
Pediatrics
English

Jean Russell, MD
Pediatrics
English

Roopa Viraraghavan, MD
Pediatrics/Pediatric Infectious Diseases
English

Health Plans

- Aetna
- Anthem Blue Cross
- Blue Shield
- Cigna
- Evernorth Behavioral Health
- Health Net
- Inland Empire Health Plan (IEHP)
- Magellan Health Services
- Managed Health Service
- Optum Behavioral Health

Affiliated IPAs

- Desert Oasis Healthcare
- Regal Medical Group and Lakeside Medical Org, a Medical Group, Inc.

Government Insurance

- Medicare
- Medi-Cal
- TriCare
- TriWest

To make an appointment, call 844.827.8000 or scan here:

Scan the QR code to find the UCR Health provider

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Summary

UCR Health as the clinical enterprise for UCR School of Medicine, provides:

- **Clinical infrastructure**
  - For employed UCR physician faculty to teach and care for patients
  - Generate revenue to reinvest and to support mission of SOM
  - Control quality and patient experience
  - Develop basis for future population health management

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Thank you!
Questions?

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