



Bringing Healthcare Home.

Because Health Starts Here.



Video link | <https://vimeo.com/975650044>

An aerial photograph of a city at dusk, featuring a prominent tall, perforated tower in the center. The sky is a deep blue with some clouds, and the city lights are visible in the background. The overall image has a blue tint.

Our Mission

To deliver outstanding patient care in alignment with community needs and to increase service capability and capacity for underserved urban and rural areas.

Our Mission







To be the leader in healthcare service delivery and serve the Inland Empire as an integrator of care to improve the health of individuals.



- Healthcare access for Inland Empire patients
- Quality and population health improvement
- Clinical service and programmatic capabilities
- Community partnerships
- Clinical research
- Care management and coordination
- Clinical education of medical students and residents
- Physician organization development/expansion
- Reduction of healthcare disparity and inequity

Vision 2030

Our Role

Offer distributed "Hub & Spoke" clinical network in the IE	Serve as Integrator of Care	Enhance Clinical Quality	Expand Clinical Education Programs	Collaborate with other UCs	Serve as a Community Partner
<ul style="list-style-type: none"> • 307 physicians [Faculty ~15% / Clinical Track ~40% / CIN ~45%] • Distributed primary care and office-based specialty clinic network • Integrated ambulatory locations (~3 integrated centers and 1 HOPD site) • Hospital 	<ul style="list-style-type: none"> • UCR Health will adopt an integrator role within the fragmented network of care of hospitals, clinics, and providers in the region • UCR will drive alignment around population health, quality, equity, improved access, and service availability 	<ul style="list-style-type: none"> • UCR Health will have top decile (>90%ile) quality performance • UCR will be the second 4-star hospital in the region 	<ul style="list-style-type: none"> • Accommodates 500 medical school students • Increased residencies to educate specialists and recruitment / retention strategy for increasing access 	<ul style="list-style-type: none"> • Physician organization development in the Inland Empire • Integrated clinics in West, S/E and S/W • Comprehensive cancer capability • Infrastructure • Quaternary & specialized care • Care pathway standardization 	<ul style="list-style-type: none"> • Managed care (HMO) network by 2026-2027 <ul style="list-style-type: none"> • Blue and Gold for employees and students • Capitated network for employers • Care coordination • Foundations • Tribal organizations • FQHCs
					



Bringing Care to our Community

UCR Health physicians provide a wide range of routine, preventive, and specialty medical care:

Medical Services

- Cardiology
- Clinical Neuropsychology
- Family Medicine
- Gynecologic Oncology
- Hospitalist Services
- Internal Medicine
- Neurology
- Obstetrics & Gynecology
- Pain Medicine
- Pediatrics
- Primary Care
- Psychiatry
- Rheumatology
- Sports Medicine
- Urogynecology
- Women's Health

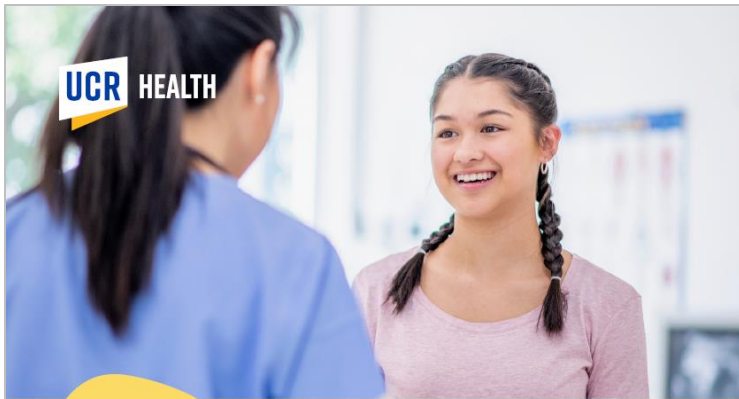


Key Statistics

Fiscal Year: 2024

- We completed 46,900+ visits
- We accept 35+ different types of insurance
- We treat 10 different specialties
- We saw 7,134 new patients

Our Programs



CHILDHOOD IS FULL OF WONDER

EXPERT CARE FOR EVERY AGE AND STAGE

We know how important it is to find the right expert to support your child's growth, health, and happiness.

Meet our new pediatricians, here to support your child's health journey:



ROOPA VIRARAGHAVAN, MD
PEDIATRIC INFECTIOUS DISEASES SPECIALIST
✓ Accepting New Patients



TEJAL KHANDHAR, DO
PEDIATRICIAN
✓ Accepting New Patients

WE OFFER
IMMUNIZATIONS
INFANT SPECIALTY CARE
PREVENTIVE CARE
PRIMARY CARE
SICK APPOINTMENTS
WELL CHILD VISITS

WE ACCEPT
AETNA
BLUE CROSS
CIGNA
UC BLUE & GOLD
HEALTH NET
INLAND EMPIRE HEALTH PLAN (IEHP)
AND MORE!

*SOME INSURANCE REQUIRES SELECTING UCR HEALTH AS A UCR HEALTH PROVIDER AS YOUR PRIMARY CARE PHYSICIAN.

OUR LOCATIONS

RIVERSIDE
3330 UNIVERSITY AVE., SUITE 100
RIVERSIDE, CA 92501

MISSION GROVE
19300 JESSE LANE, SUITE 100
RIVERSIDE, CA 92508

LA QUINTA
79420 HIGHWAY 78, SUITE 102
LA QUINTA, CA 92553

TO LEARN MORE, CALL 844-827-8000 OR VISIT UCRHEALTH.ORG

SCAN THE QR CODE TO BOOK AN APPOINTMENT



Our Women's Health Services

Discover our wide range of women's health services designed to address the diverse needs of women throughout their lives:

Chronic Pelvic Pain

Abnormal Uterine Bleeding

Gynecologic Malignancy

Urinary Incontinence

Menopause (Including Hormone Therapy)

Pregnancy Loss

Complex Gynecology

Adolescent Gynecology

Our Psychiatry and Behavioral Health Services

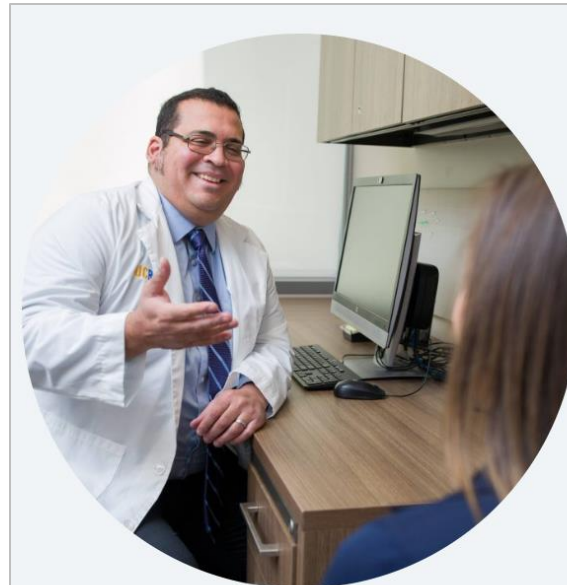
We understand that mental health care is crucial, involving the diagnosis and treatment of conditions that deeply impact your overall well-being, such as personality disorders, substance abuse, life stressors, trauma, crisis, and stress-related physical symptoms. This kind of care encompasses psychiatry and behavioral health, and it's important to prioritize your mental well-being.

Neuropsychological Evaluations

Mood and Anxiety Disorders

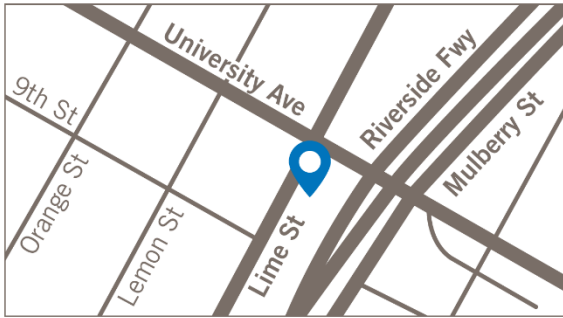
Attention and Behavioral Disorders

Other Mental Health Conditions



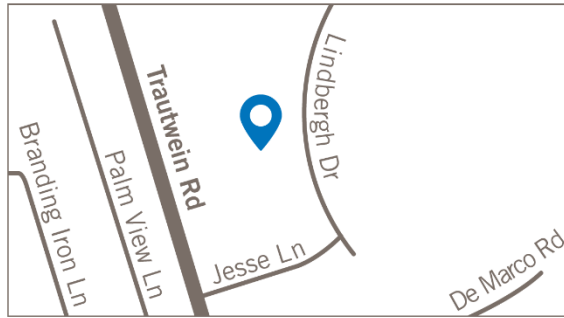
Accessible Locations Near You

UCR Health has five locations throughout Riverside County, including our newest UCR Health Community Clinic - Hulen Place, serving primarily the unhoused and low-income community in Riverside.



UCR Health | *Multispecialty Clinic*
3390 University Avenue, Suite 100
Riverside, CA 92501

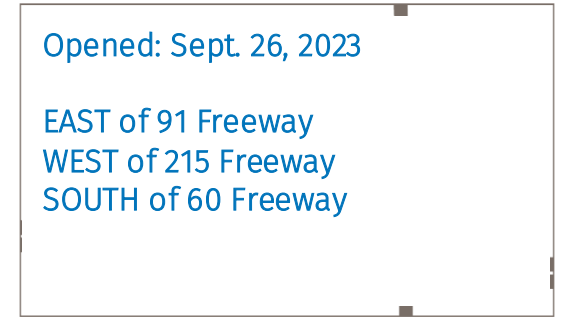
UCR Health | *Psychiatry Clinic*
3390 University Avenue, Suite 110
Riverside, CA 92501



UCR Health | *Women's Health*
19330 Jesse Lane, Suite 100
Riverside, CA 92508



UCR Health | *Pediatric Clinic*
La Quinta Valley Plaza
79430 Highway 111, Suite 102
La Quinta, CA 92253



Opened: Sept 26, 2023
EAST of 91 Freeway
WEST of 215 Freeway
SOUTH of 60 Freeway

UCR Health | *Community Clinic – Hulen Place*
2880 Hulen Place
Riverside, CA 92507





Hospital Partners

- ❖ **Corona Regional Medical Center**
- ❖ **Eisenhower Medical Center**
- ❖ **Parkview Community Hospital Medical Center**
- ❖ **Rancho Springs Hospital**
- ❖ **Riverside Community Hospital**
- ❖ **Riverside University Health System**
- ❖ **St. Bernardine Medical Center**



Insurances Accepted

Health Plans

- Aetna
- Anthem Blue Cross
 - **CORE PPO, UC Care PPO, Health Savings Plan PPO**
- Blue Shield
- Cigna
- Evernorth Behavioral Health
- Health Net
 - **UC Blue & Gold HMO**
- Inland Empire Health Plan
- Magellan Health Services
- Managed Health Service
- Optum Behavioral Health

Government Insurance

- Medicare
- Medi-Cal
- TriCare
- TriWest

Affiliated IPAs

- Desert Oasis Healthcare
- Regal Medical Group and Lakeside Medical Org, a Medical Group, Inc.

How to Navigate the HealthNet Microsite

uc.healthnetcalifornia.com

health net UNIVERSITY OF CALIFORNIA

Enrollment Plan Details Health & Wellness Get Forms COVID-19 Alerts

Eating better begins with Eat Right Now®
Take control of your relationship with food, reduce cravings and develop better eating habits with Eat Right Now.

Welcome to Health Net
University of California
UC Blue & Gold HMO from Health Net of California, Inc. (Health Net) gives you options for cost savings and access to care.

Log in Register

Find a Provider
Find Doctors, Urgent Care, Clinics, Hospitals, and more.

University of California Health
Six academic health centers bring the strength of collaboration.

Health and Wellness
Access our wellness and specialty programs to support the whole you.

Teladoc – Telehealth
Enjoy access to Teladoc virtual visits just for being a Health Net member!

Find a Provider UC Health Centers Access our programs Teladoc

STEP 1:

Go to **uc.healthnet.california.com** and click on the “Find a Provider” button located under the “**Find a Provider**” section.





ProviderSearch tips

See if your doctor is in the Blue & Gold network, find a doctor near where you live or work, compare quality ratings, and more.

Find Providers, Medical Groups and Urgent Care Centers

- [ProviderSearch](#)
- [ProviderSearch Tips \(PDF\)](#)
- [Behavioral Health – Find a Provider \[↗\]\(#\)](#)
- [UC Health Centers](#)
- [Canopy Health – Bay Area/Santa Cruz](#)

Find Chiropractors and Acupuncturists

You can self-refer to any provider associated with American Specialty Health (ASH)

- [Find a provider \[↗\]\(#\)](#)
- [Learn about the Combined Acupuncture and Chiropractic program \(PDF\)](#)

STEP 2:

Select **ProviderSearch** to start.



Welcome to ProviderSearch!

First, select a plan year and location:

2024
 2025
 STEP 1

Search by city

RIVERSIDE, CA

Second, add a filter: (optional)

Filter by **Provider Name** or **Provider ID** or **License Number(Prefix + 6 Digits)**

Provider name (at least two letters), Provider ID or

Filter by type of **Plan/Network**

Blue & Gold HMO

No filter (show all results)

If you are a CA PPO Group Plan member, please review your search at the county, city or zip code level to make sure the information you entered is correct. If the information is correct, and you are looking for a provider outside of California please visit [Cigna Healthcare PPO Network](#) (click the National PPO Network link located on the right) to find a listing of network providers in your area.

CONTINUE

STEP 4

Enter your member ID and date of birth

[Give us a call](#)

[Search National PPO Network](#)

[Pharmacy Search](#)

STEP 2

STEP 3

Provider information appearing in ProviderSearch represents data in Health Net systems as of 10/1/2024. Health Net builds and maintains the provider networks based on the network adequacy regulations as outlined by state and federal regulators. While every effort has been made to ensure accuracy, from time to time the status or contact information of a physician/provider may change, meaning that a new physician/provider may be added or a current physician/provider may either leave our network or decline to accept new patients. We suggest that you call the Health Net customer service number on the back of your member ID card to verify that the physician/provider is still in the plan.

Covered persons can contact the Customer Contact Center at the telephone number on their ID card to obtain a copy of their Network Provider Directory, at no cost.

STEP 3:

Select **Plan Year** and **Location**

- Make sure **2025** is selected as the plan year
- Enter **location**
- Select **Blue & Gold HMO**
- Click "**Continue**" to move forward

Welcome to ProviderSearch

[Home](#) > [Welcome to ProviderSearch](#)

Location : RIVERSIDE, CA (2025) [Edit](#)

Search by name, specialty, ID, License no etc

Select a Type of Provider

[Print Plan Providers](#)



Doctors
(852)



Urgent Care and Walk-In Clinics
(7)



Hospital
(3)



Medical Group
(2)



Other Facilities
(949)



Ancillary Services

[Blue & Gold HMO](#)

[Clear All](#)

[Making an appointment with your provider? Please read: Authorization Requirements | Access Standards | Full & Equal Access Rights](#)

Login to your Member Account to view your plan benefits, manage your claims, get your ID card, and get cost estimates for care within your plan.

Provider information appearing in ProviderSearch represents data in Health Net systems as of 10/1/2024.

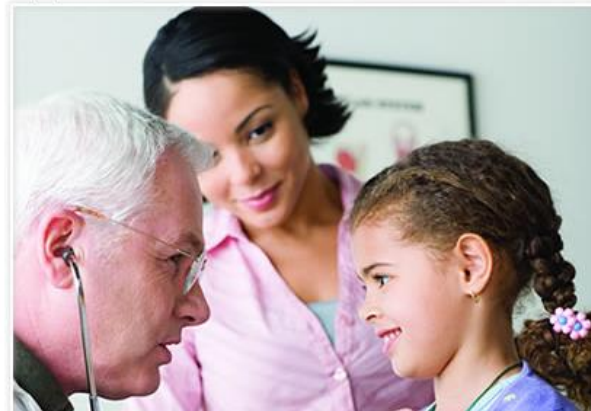
ProviderSearch Lets You Search All Sorts of Ways!

Doctors

It's important to choose the right doctor to meet your health care needs. With ProviderSearch, you can find a doctor to help you to protect your overall health. Your doctor will also treat for long term conditions and refer you to a specialist if needed.

Urgent Care and Walk-In Clinics

Urgent Care facilities treat injuries or illnesses that are not life threatening. Use



STEP 4:

Provider Type Selection

- The next screen allows users to select the type of provider
- For doctors or physicians, members should click on the **“Doctors”** icon

Welcome to ProviderSearch

Home > Welcome to ProviderSearch

Location : RIVERSIDE, CA (2025) [Edit](#)

Search by name, specialty, ID, License no etc

Filter Your Results

[Start Over](#) [Print Plan Providers](#)



Doctors
(150)

[Change Provider Type](#)

Filter by Plans and Affiliations:

Standard Medical Plan

Blue & Gold HMO

Regal Medical Group of Riversi...

Filter by Hospital Affiliations...

Filter doctors by:

Filter by Specialty...

Only Doctors Accepting New Patients

Provider Languages:

Filter by Languages...

Office Staff Languages ?

Filter by Languages...

Accessibility Requirements ?

- Parking (P)
- Exterior Building (EB)
- Interior Building (IB)

Doctor Gender: M F

[Doctors](#) [Standard Medical Plan](#) [Blue & Gold HMO](#) [Regal Medical Group of Riverside County](#) [Clear All](#)



Please Note: Some hospitals and other providers **do not provide** one or more of the following services that may be covered under your plan contract and that you or your family member might need: family planning; contraceptive services, including emergency contraception; sterilization, including tubal ligation at the time of labor and delivery; infertility treatments; or abortion. [Read More..](#)



Making an appointment with your provider? Please read: [Authorization Requirements](#) | [Access Standards](#) | [Full & Equal Access Rights](#)

Login to your Member Account to view your plan benefits, manage your claims, get your ID card, and get cost estimates for care within your plan.

Provider information appearing in ProviderSearch represents data in Health Net systems as of 10/1/2024.

Showing 1-12 of 150 listings

1 2 3 4 5 ▶

View Options

GRID

MAP

STEP 5:

Filtering Results

- The **Blue & Gold HMO** network is pre-selected (as chosen earlier)
- Users can apply additional filters:
 - **Regal Medical Group of Riverside County**
 - **Regal Medical Group of San Bernardino County**

How to Choose a UCR Health Provider

- Call **Health Net Member Services** at **(800) 539-4072** and request a primary care physician with ***Regal Medical Group of Riverside County***
- UCR employees and covered family members enrolled in **UC Blue & Gold** can switch to UCR Health providers (through ***Regal Medical Group of Riverside County***) at any time during the year



Scan the QR code to go to UCR Health's Health Net Microsite



Michelle Bholat, MD
Family Medicine
English



Kathy Calderon, MD
Family Medicine
English



Marc Debay, MD
Family Medicine
English, French, Spanish



Tiffany Phon, MD
Family Medicine
English



Samia Faiz, MD
Internal Medicine
English, Spanish



Nandini Gowda, MD
Internal Medicine
English, Kannada



Elizabeth Jacobs, MD
Internal Medicine
English



Paul Salama, MD
Internal Medicine
English



Tejal Khandhar, DO
Pediatrics
English



E. Caroline McGowan, MD
Pediatrics
English



Renee Moreno, MD
Pediatrics
English



John Nevin, MD
Pediatrics
English



Jean Russell, MD
Pediatrics
English



Roopa Viraraghavan, MD
Pediatrics/Pediatric
Infectious Diseases
English

Health Plans

- Aetna
- Anthem Blue Cross
- Blue Shield
- Cigna
- Evernorth Behavioral Health
- Health Net
- Inland Empire Health Plan (IEHP)
- Magellan Health Services
- Managed Health Service
- Optum Behavioral Health

Affiliated IPAs

- Desert Oasis Healthcare
- Regal Medical Group and Lakeside Medical Org, a Medical Group, Inc.

Government Insurance

- Medicare
- Medi-Cal
- TriCare
- TriWest

Scan the QR code
to find the UCR
Health provider



To make an appointment,
call **844.827.8000** or scan here:



Summary

UCR Health as the clinical enterprise for UCR School of Medicine, provides:

❖ Clinical infrastructure

- For employed UCR physician faculty to teach and care for patients
- Generate revenue to reinvest and to support mission of SOM
- Control quality and patient experience
- Develop basis for future population health management



Thank you!
Questions?